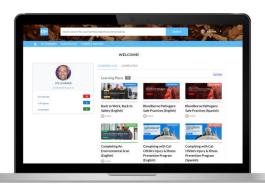


# **INTRODUCING**

# INSITE

Your secure cloud-based portal providing everything Safety, Compliance & Workers' Compensation Risk Management related. Access your reports, utilize educational training, leverage our extensive compliance library, streamline stakeholder communication and much more.





Click here to learn more





# Digital training provided by compliance experts



**Web-based** safety training solution, powered by INSITE.



**Progress tracking** in real-time by employee and department.



**Digital recordkeeping** for regulatory compliance.



**Scalable and cost-effective** solution for any size employer.



**Mobile friendly** solution allows for safety training on-the-go.



# **Training Benefits**



# Cloud Based

A cloud-based solution, ESM's Learning Management System (LMS) powered by INSITE gives employers a platform to manage their digital safety training from one secure, centralized portal.

# Compliance

INSITE empowers safety managers, and HR teams, to schedule, distribute, and track Computer Based Training (CBT) courses to ensure compliance with regulatory requirements.

# Efficiency

ESM's LMS automates formerly burdensome and paper-based tasks so that teams can focus their efforts on aligning training with the company's safety goals and Key Performance Indicators.

# Injury and cost reduction

Increasing safety awareness via consistent training enhances the safety culture of an organization. This can translate to fewer injuries and ultimately lower Workers' Compensation insurance costs.



# **Training Key**



**Available Online** 



One-page printable copy with attendance form



**Available in English** 



**Available in Spanish** 



#### **Safety Orientation for Office Employees**

Over the course of this training, we will provide an overview on our organization's safety compliance program, and best practices to mitigate hazards.











(35-40min)

#### Back To Work, Back To Safety

In this training, Back to Work, Back to Safety, we'll review how to reestablish a good safety routine after being away from work.











(10-12 min)

#### **Complying with California's IIPP**

This training focuses on Cal-OSHA's Title 8 California Code of Regulations section 3203, the Injury & Illness Prevention Program, which includes eight individual safety elements.











(10-12 min)

#### **Establishing an Effective Safety Committee**

It is required that the company provide a safe and healthy worksite. In this training, we review the importance of establishing an effective and sustainable safety committee and what it takes for success.









(10-12 min)

#### **OSHA's Here. Now What?**

Ah-oh! OSHA's here. What do we do? If not properly prepared (or in compliance), an unexpected OSHA visit can be costly and stressful. In this training we review how to prepare for an unexpected OSHA visit.









(10-12 min)

#### **Completing an Environmental Scan**

In this training, we will review how to complete An Environmental Safety Scan., including a review on situational awareness strategies, and what to scan for at the worksite.









#### Flu Season Safety

During this training, we will review general safe practices for preventing the flu, and recommendations on how to stay healthy during the flu season.











(10-12 min)

#### **Work From Home Wellness**

In this training, we will review work from home wellness, including general health and safety best practices.











(10-12 min)

#### **Workstation Ergonomics**

In this training, we will review ergonomic recommendations and general safe practices for setting up your workstation..









(10-12 min)

#### Winter & Holiday Safe Travel

In this holiday safe travel training, we will review best practices for safe travel during the holiday season.









SP

(10-12 min)

#### **Your Safety Reboot**

In this training, we will provide recommendations on how to prepare physically, emotionally and mentally, for returning to work.









(10-12 min)

#### **Unhealthy Air Quality (Wildfire Smoke)**

In this training we will review general safe practices for unhealthy air and the prevention of being exposed to wildfire smoke.









#### **How to Complete Your OSHA 300**

Your OSHA Form 300A Summary must be posted ("in a visible location") from February 1st to April 30th. Find out hot to properly complete your Forms and submit them to FedOSHA timely via the ITA website.











#### **Emergency Response Procedures**

In this lesson on emergency response preparedness., we will provide an understanding of the actions needed to provide initial medical care to prevent further injury during an emergency situation.











(10-12 min)

#### **Recognizing Suspicious Behavior**

Over the course of this lesson, we will review best practices for recognizing suspicious behaviors, and maintaining personal safety.









(10-12 min)

#### **COVID-19 Prevention (updated February 3, 2023)**

Over the course of this training, we will review worksite controls including responsibilities, face coverings, reporting requirements and more.









(15-20 min)

#### **Workplace Violence Prevention**

Coming soon.









(10-12 min) (coming soon)

#### **Active Assailant**

This active assailant training has been designed to inform individuals, about how they can prepare, respond, and assist during and after, an active shooter event...









#### **Defensive Driver**

Over the course of this defensive driving training, we will review best practices for defensive driving as well as passenger safety.











(10-12 min)

#### Complying With Your Heat Illness Prevention Plan In

In this training, we will review precautions and recommendations, on minimizing heat illness exposures as well as compliance with OSHA standards.









(10-12 min)

#### **Preventing Back Injuries**

In this training, we will discuss back injury prevention, and proper lifting techniques.









(10-12 min)

#### **Earthquake Safety**

During this course, we will review general safe practices on what to do before, during and after an earthquake.









(10-12 min)

#### **Preventing Dehydration**

In this training, we will review signs and symptoms of dehydration, and effective ways to minimize the potential exposures.









(10-12 min)

#### **Preventing Slips, Trips & Falls**

In this training we will review slip, trip, and fall exposures and general safe practices in the workplace.











#### **Preventing Cuts & Lacerations**

Over the course of this training, we will discuss general safe practices, for prevention and protection against cuts and lacerations in the workplace..









(10-12 min)

#### Pre-Work, Warm-Up

During this training we will review the importance of stretching, and when done regularly, how this can help maintain a healthy, flexible and durable body.









(10-12 min)

#### **Developing Your Risk Management Strategy**

In this training, we discuss developing your risk management strategy that reduces your company's Workers' Compensation risk and cost. We'll outline why it is important to be proactive with your safety efforts...









(18-20 min)

#### **Bloodborne Pathogens**

In this training, we will review Bloodborne pathogens, and General safe practices for prevention and protection, against infectious materials.









(10-12 min)

#### **Chemical Spill Response**

In this awareness training, we will review general safe practices when responding to a chemical spill.









(10-12 min)

#### **Industrial Ergonomics**

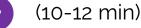
In this course, we will review basic principles of ergonomics, with a focus on musculoskeletal disorders, also referred to as MSDs, and how proper ergonomics helps prevent them.











#### **Safety Orientation for Construction**

Over the course of this training, we will provide a comprehensive overview on an organization's safety compliance program, and best practices to mitigate jobsite hazards.











(40-45 min)

#### **Fall Protection Overview**

This general awareness training provides a general overview on fall protection safe practices on a construction site, including OSHA compliance requirements.











(15-17 min)

#### **PPE for Construction**

Over the course of this training, we will review personal protective equipment for the construction industry. Please note that some of the PPE outlined in this training might not be relevant to your job tasks.









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(18-20 min)

#### Falling Objects - Dangers From Above

In this general awareness training on falling objects, we will review best practices for staying safe, from when there are dangers from above.









(10-12 min)

#### Personal Fall Arrest Systems (PFAS)

This lesson is designed to provide a general overview on personal fall arrest systems, or PFAS, including how to don and doff, as well as maintain your PFAS.









(10-12 min)

#### **Scaffolding Safety**

Over the course of this lesson on scaffolding safety. During this training, we will focus on understanding the safety and compliance requirements, when working on and around scaffolds.











(15-17 min)

#### Caught-In, Or-Between Objects

In this lesson, we will review caught-in, or between exposures on a construction site and best practices to avoid these hazards.











(10-12 min)

#### **Housekeeping in Construction**

In this awareness training, we will provide an overview on how good housekeeping on a jobsite can reduce injury exposures.









(10-12 min)

#### **Material Handling in Construction**

During this training, we will provide a compliance overview on manual and mechanical safe lifting practices, as well as storage and stacking requirements for the construction industry.









(10-12 min)

#### **Hand & Power Tool Safety**

Over the course of this training, we will cover General OSHA compliance and safety awareness training when using hand and power tools.









(10-12 min)

#### **Ladder Safety**

During this training, we will review General practices for preventing ladder hazards, and using ladders safely.









(10-12 min)

#### **Struck By Hazards**

During this awareness training, we will provide an overview on safe practices related to struck by hazards in the construction industry, including falling, flying, swinging and rolling object hazards.









#### **Silica in Construction**

In this general awareness discuss health effects of crystalline silica, and general safe practices for mitigating exposures in the workplace.









(10-12 min)

#### **Public Protection in Construction**

This general awareness training provides best practices in managing construction site risks to ensure they pose minimal danger to the public.











(10-12 min)

#### **Eye & Face Safety**

Over the course of this training, we will review general safe practices for workers to prevent injuries to the eyes and face.









(10-12 min)

#### **Power Tool Safety**

During this training, we will cover General OSHA compliance requirements, and best safety practices when using electric, pneumatic, powder and hydraulic power tools.









(10-12 min)

#### **Trenching & Excavations**

Over the course of this training, we will review trenching and excavation safe practices, as well as OSHA compliance requirements for the construction industry.









(18-20 min)

#### Walking – Working Surfaces

This awareness training covers the various walking-working surfaces, including safe practices around aisles, walkways, inclines, stairs, floor openings and more.









(10-12 min) (coming soon)

#### **Confined Spaces**

Over the course of this training, we will define what is a confined space, the hazards associated with confined spaces, PPE required, and the basic elements required under the OSHA standard.









(15-17 min) (coming soon)

# **Lead Safety Awareness**

Over the course of this training, we will review OSHA requirements, health effects and provide a general understanding of the exposure to lead and how to mitigate the potential hazard.









(10-12 min) (coming soon)

#### **Benzene Safety Awareness**

In this training, we provide an understanding of exposures and mitigation practices to minimize Benzene hazards.









(10-12 min)

#### **Confined Spaces Permit Required**

Over the course of this training, we will define what is a permit required confined space, hazards of the permit space, measures used to isolate the permit space, attendant responsibilities and rescue services.









(10-12 min) (coming soon)

#### **Asbestos Safety Awareness**

Over the course of this awareness training, we'll review OSHA requirements, health effects, and provide a general understanding of the exposure to asbestos, and how to mitigate the potential hazard.









(10-12 min) (coming soon)



#### **Safety Orientation for the General Industry**

Over the course of this training, we will provide an overview on an organization's safety compliance program, and best practices to mitigate worksite hazards...











(40-45 min)

#### **Lock Out Tag Out for Affected Employees**

In this training we will review isolation of hazardous energy and understanding the requirements of Lockout Tagout (LOTO) for affected employees in the workplace.











(10-12 min)

#### **Electric Pallet Jack Safety**

Over the course of this training, we will review best practices for operating and maintaining and an electric pallet jack.









(10-12 min)

#### **PPE for the General Industry**

Over the course of this training, we will review personal protective equipment for the general industry. Please note that some of the PPE in this training, might not be relevant to your company's job tasks.









(18-20 min)

#### **Lock Out Tag Out for Authorized Employees**

In this training we will review the authorized employee requirements under the OSHA standard, as well as procedures for a saucerful Lockout Tagout (LOTO) program.









(10-12 min)

#### Manual Pallet Jack Safety

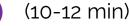
In this course, we will review best practices for operating and maintaining a manual pallet jack.











#### **Electrical Safety**

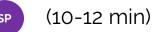
In this training, we will review general safe practices for controlling electrical hazards and reducing the risk of electrocution.











#### Fire Safety

In this lesson, we will review general safe practices for what to do during a fire.











(10-12 min)

#### **Good Housekeeping for the General Industry**

During this awareness training, we will provide an overview on how good housekeeping can reduce injury exposures for the general industry.









(10-12 min)

#### **Preventing Electrical Hazards**

In this training, we will review general safe practices for preventing low risk electrical hazards and reducing the risk of electric shock.











(10-12 min)

#### Fire Prevention in the Workplace

In this lesson, we will review general worksite safe practices for fire prevention and evacuation procedures.









(10-12 min)

#### **Warehouse Safety**

During this awareness training, we will provide an overview on how safe warehousing can improve OSHA compliance, while reducing injury exposures.









#### **Hazard Communication (complying with the GHS)**

In this training, we will review hazard communication, general safe practices, including labeling, SDSs and the requirements under the Globally Harmonized System (GHS).











(10-12 min)

#### **Machine Guarding**

In this lesson, we will review general worksite safe practices for machine guarding and protecting employees from hazards created by ingoing nip-points, rotating parts, flying chips, and sparks.











(10-12 min)

#### **Respiratory Protection**

Over the course of this lesson, we will discuss general safety awareness regarding respirator exposures, OSHA requirements, respirator types, and maintaining your respirator.









(10-12 min)

#### **Safety Data Sheets Overview**

In this training, we will review the Globally Harmonized System (GHS), the 9 SDS pictograms, and an overview on the 16 SDS sections, under the new GHS.









(10-12 min)

#### Forklift vs. Pedestrian Safety

In this lesson, we'll review general safe practices for pedestrians that work around industrial trucks.









(10-12 min)

#### **Types of Respirators**

Over the course of this lesson, we will review general types of respirators and best practices to maintain them.











#### **Box Cutter Safety**

Over the course of this training, we will cover general safe practices for prevention and protection when using box cutters.











(10-12 min)

#### **Hearing Protection**

Over the course of this lesson, we will review noise hazards, types of hearing devices and best practices to minimize hearing loss.











(10-12 min)

#### Material Handling for the General Industry

During this training, we will provide a compliance overview on manual and mechanical safe lifting practices, as well as storage and stacking requirements for the general industry.











(10-12 min)

#### **Loading Dock Safety**

During this awareness training, we will provide an overview on loading dock safe practices, and OSHA compliance requirements related to loading dock hazards.









(10-12 min)

#### **Delivery Safety**

In this training, we review general delivery hazards and best practices to maintain skilled, safe drivers, and the importance of maintaining focus while driving.









(10-12 min) (coming soon)

#### **Compressed Gas Cylinders**

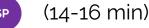
During this training we will review best practices and compliance requirements for handling, storing, inspecting and transporting gas cylinders.











# WORKERS' COMPENSATION BEST PRACTICES

#### **An Employer's Guide to Managing Claims**

In this training, we discuss how, what, when and best practices to report a Workers' Compensation claim.





(15-17 min)

#### Managing the First 5 Days After an Injury

In this training, we discuss the important of having a process in place when an injury occurs. This will ensure compliance with Workers' Comp and OSHA requirements and will aid with a recovery strategy.





(15-17 min)

#### **Understanding my California X-MOD (part 1)**

This training will help you understand the basics of the California Workers' Compensation Experience Rating System. Including how your Experience Modification Rate is calculated, and how to manage it.





(15-17 min)

#### **Understanding my California X-MOD (part 2)**

In part 2, we will identify steps that you can take to manage and control your X-Mod, as well as opportunities for potential revision of your X-Mod. We will also review an X-Mod case study that you can learn from.





(10-12 min)

#### **TAPS: A Claims Management Process for Results**

In this training we will review ESMs "TAPS" claims management strategy: Triage, Analyze, Propose and Settle.





(15-17 min)

#### **Managing Seasonal & Temporary Employees**

In this training we will focus on safety for temporary employees, and seasonal or part time employees. We will review managing your Temp/Staffing Agency and discuss how to onboard your temporary employees.





(15-17 min)

# WORKERS' COMPENSATION BEST PRACTICES

#### **Workers' Comp Litigation Strategies (part 1)**

Workers' Compensation is a no-fault system with legislated benefits. Despite this, some employees retain attorneys. In this training we review litigation strategies to reduce the cost and impact of a litigated case.





(15-17 min)

#### **Workers' Comp Litigation Strategies (part 2)**

In Part 2, Cumulative Trauma claims will be reviewed. The potential outcomes for a denied claim will be discussed, including when to consider a settlement, and what do when a Blind App is the first notice of a claim.





(15-17 min) (coming soon)

#### **Accident Investigation**

Coming Soon!





(15-17 min) (coming soon)

# Preventing Workplace Harassment Compliance Training

ESM's harassment prevention training course ensures employees develop pro-social skills that increase respect and decrease conflicts and incidents that could be perceived as harassment or bias.

Employees and managers are equipped with the resources they need to identify, address, and prevent disrespectful conduct in the workplace, all while covering regulatory compliance.

Click below to learn more or sign up today.

By separate contract.

**LEARN MORE / SIGN UP** 

# PREVENTING WORKPLACE HARASSMENT

Online Compliance Training
Provided by INSITE

Contact us to learn more



#### YOUR ONLINE COMPLIANCE SOLUTION FOR PREVENTING WORKPLACE HARASSMENT TRAINING

Preventing harassment in the workplace is more than just building respect; it supports the foundation of creating an inclusive workplace where everyone feels they belong and are respected. But without pro-social skills, the concept of "respect" and "inclusion" may not be as simple as it sounds in a diverse environment.

ESM's harassment prevention training course ensures employees develop pro-social skills that increase respect and decrease conflicts and incidents that could be perceived as harassment or bias. Employees and managers are equipped with the resources they need to identify, address, and prevent disrespectful conduct in the workplace, all while covering regulatory compliance.

In 4 easy steps, the Preventing Workplace Harassment Training Course enables employers to:

- 1. Meet state-mandated training regulations.
- Use a shared language to enable feedback, common ground, and a tool to course correct in real-time.
- Identify, measure, and manage the organizational and employee behaviors that lead to disrespect.
- Provides recommended content and actions to improve Respect in your workplace culture.

INSITE's Training platfrom provides:

- Web-based safety training solution, powered by INSITE
- Centralized, real-time employee progress tracking
- Digital recordkeeping for regulatory compliance
- Scalable and cost-effective solution for any size employer
- Mobile friendly
- Complies with SB1343 for California employers



\$36/Non-Supervisor \$46/Supervsor

LEARN MORE / SIGN UP

ESM INSITE

#### **Conflict Resolutions**

Effective conflict resolution reduces distraction, increases performance & gives employees confidence that their concerns will be fairly addressed. This course presents productive ways to manage workplace conflict.







(20-22 min)

#### **Coaching & Mentoring**

This course provides managers with an easy-to-remember model for coaching and mentoring career advancement that will help enhance performance and productivity - and build positive employee relationships.







(20-22 min)

#### FLSA & Wage & Hour Laws (Employee)

This wage and hour course walks managers through the basics of wage and hour law protections; who is exempt from those protections; how to record time properly and the most common wage and hour mistakes.







(20-22 min)

#### **FLSA & Wage & Hour Laws (Manager)**

This wage and hour course walks managers through the basics of wage and hour law protections; who is exempt from those protections; how to record time properly and the most common wage and hour mistakes.







(20-22 min)

#### **Drug & Alcohol Awareness (Employee)**

This is a general course to teach people how to spot the signs of drug and alcohol use, including how to use the reasonable suspicion standard and how and where to report their concerns.







(20-22 min)

#### **Drug & Alcohol Awareness (Manager)**

This is a general course to teach people how to spot the signs of drug and alcohol use, including how to use the reasonable suspicion standard and how and where to report their concerns.









(20-22 min)

#### **Equal Employment Opportunity (Employee)**

Social justice and equity are at front and center in our society and in our workforce. In this course, we walk learners through how to operationalize equity throughout the employee experience.







(20-22 min)

#### **Equal Employment Opportunity (Manager)**

Social justice and equity are at front and center in our society and in our workforce. In this course, we walk managers through how to operationalize equity throughout the employee experience.







(10-12 min)

#### **Emotional Intelligence at Work (microlesson)**

Using emotional intelligence helps everyone make better decisions and take positive actions. These are key elements to a healthy workplace culture.







(10-12 min)

#### **Navigating Harassment from Clients (microlesson)**

When managers learn that an employee is being harassed, their first instinct is to get their person out of the situation. That's critical - but a manager's thoughts and actions can't stop there.







(10-12 min)

#### **Video Meeting Best Practices (microlesson)**

Many of us are new to video conferencing from home. Recognizing video do's and don't will help connect us better. Ignoring them may inadvertently send the wrong message.







(10-12 min)

#### **Effective Email Communication (microlesson)**

With more people working from home, and electronic communication formats are more important than ever. Upgrade the effectiveness of your email communications by being intentional and using a few small tweaks.







#### **Establishing Healthy Norms of Behavior (microlesson)**

Everyone wants a healthy workplace, but what does that mean? We're all human, so a healthy workplace isn't perfect and doesn't mean nobody will ever misstep. But being able to give and receive feedback is a key skill.







(10-12 min)

#### **Using Proper Pronouns (microlesson)**

In this lesson, we model how to respectfully navigate a potentially unfamiliar situation of asking someone what pronouns they use.







(10-12 min)

#### Social Media Drama at Work (microlesson)

This general awareness training provides best practices for navigating social media in the workplace.







(10-12 min)

#### **Creating a Trans-Inclusive Workplace (microlesson)**

Trans people have one of the highest rates of unemployment in the U.S. It is time for that statistic to change. Learn how to mitigate unconscious bias and what steps you can take to make your workplace trans-inclusive.







(10-12 min)

#### Minimizing Gossip at Work (microlesson)

Employees vent after receiving an assignment and news that a coworker struggling with a mental health challenge will be out of the office. This kind of conduct can cross the line and violate policies and the law.







(10-12 min)

#### Coming Out at Work (microlesson)

As social values and norms change, more and more people are coming out. But not all people are ready to come out, especially at work. How can we make our workplaces more inclusive to our LGBTQIA+ co-workers?







#### Workplace Violence (microlesson)

Employers' cares about our safety. So, this program will educate you about what workplace violence is, how it shows up and what you can do to keep you and your co-workers safe.







(10-12 min)

#### **Navigating General Differences (microlesson)**

Workplace Harassment typically occurs when employee conflict goes from simply emotionally reactive to referencing a personal and protected characteristic. The key is to call it out in the moment.







(10-12 min)

#### When Workplace Jokes go Over the Line (microlesson)

Having fun with co-workers makes the workday go faster. But sometimes a joke goes too far, potentially violating policies of inclusion and respect, or counting as harassment.







(10-12 min)

#### Bias Against Asians (microlesson)

The pandemic has caused an uptick in bias and hate crimes against our Asian communities. It's up to all of us to go from bystander to upstander and allies for our Asian co-workers.







(10-12 min)

#### Social Intelligence as a Work Skill (microlesson)

Everyone is human and most people eventually say or do something that's unintentionally inappropriate at work. The key is to develop selfawareness to realize your comments are having an unintended impact.







(10-12 min)

#### **Creating More Respectful Interactions (microlesson)**

This lesson in our Workplace Color Spectrum Series shows people how to use the Workplace Color Spectrum to de-escalate yellow conduct.









#### Responding to Recruitment Harassment (microlesson)

As a manager, you're a leader. Your team will look to what you say - and what you do. And the message you send through your conduct is often the most powerful.







(10-12 min)

#### **Managing Our Frustrations (microlesson)**

This lesson in our Workplace Color Spectrum Series shows people how to use the Workplace Color Spectrum to give feedback on yellow conduct.







(10-12 min)

#### Race & Assumptions (microlesson)

In this lesson, we show the intersection of inclusion with respect. When there are weak social connections with employees from underrepresented demographics, there's a higher potential for disrespectful conduct.







(10-12 min)

#### Blindspots & Inappropriate Behavior (microlesson)

This lesson in our Workplace Color Spectrum Series shows people how to use the Workplace Color Spectrum to get orange conduct back on track.







(10-12 min)

#### **Hiring Skills & Restrictions**

This course teaches hiring managers how to recruit, interview, evaluate and onboard effectively and in a manner that is both inclusive and respectful.







(10-12 min)

#### Social Media Harassment (microlesson)

If a co-worker's conduct after-hours feels inappropriate, that's a work problem. This includes online activities, too, like texting and commenting on social media. Here's what to do if a co-worker crosses a line









#### **Disability Protections in the Workplace**

Individuals with disabilities are an important segment of our workforce. But without proper guidance, it's easy for managers to make mistakes. In this course, we'll address the protections of the U.S.









(10-12 min)

#### **Workplace Safety**

This is a general course to teach people the basics of workplace safety including common safety issues, the employer's safety program (if applicable), reporting injuries, office ergonomics, and workplace violence







(10-12 min)

#### Managing COVID-19 in the workplace (microlesson)

As we return to shared workspaces, everyone needs to follow new safety protocols. And when someone missteps or forgets, we need to be able to give and receive respectful feedback.







(10-12 min)

#### **Disciplinary Action Best Practices**

Disciplinary action is an essential tool for managing unwanted behavior in the workplace. In this training, we will review best practices and steps to take for disciplinary action and developing corrective action plans.







(20-22 min)

#### **Crisis De-Escalation**

De-Escalation is a method to prevent potential violence. In this training, we review how Individuals can use purposeful actions, verbal communications, and body language to calm a potentially dangerous situation.







(20-22 min)

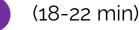
#### **Becoming A Better Trainer**

Effective trainers continuously practice and develop qualities that improve their understanding of learner and organizational needs. In this training, we will review tactics and best practices to becoming a better trainer and leader.









# **HOSPITAL SAFETY**

#### **HIPPA Compliance**

This training covers the HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT, also called HIPAA. In this training, we will review patient privacy requirements for working in medical environments.







(12-15 min)

#### **Hospital Cleaning: Patient & Non-Patient Areas**

Over the course of this lesson, we will review general safe practices and protocols for cleaning patient and non-patient areas.







(23-25 min)

#### **Hospital Cleaning: Patient Toilets & Floors**

Over the course of this lesson, we will review general safe practices for cleaning patient area toilets and floors.







(23-25 min)

#### **General Environmental Cleaning Procedures**

In this training on general environmentally safe cleaning procedures for hospitals, we will review cleaning best practices for hospital janitorial staff.







(23-25 min)

#### **Operating Room Cleaning Procedures**

In this training we review environmentally safe cleaning practices in Operating Rooms and Procedure Rooms.







(23-25 min)

#### **Regulated Medical Waste**

Over the course of this training, we will review regulated medical waste exposures, cleaning, bagging and shipping procedures, as well as PPE required.









(23-25 min)

## **FOOD SAFETY**

#### Allergen Control

In this training, we will review required training on allergen control, personal protective equipment and best practices for handling these food products.









(15-17 min)

#### **Document Control & Procedures**

In this training, we will review training benefits, document control and recordkeeping requirements.







(15-17 min)

#### Foreign Material

In this training, we review what is foreign material, what to do if foreign material is found in product, and how to prevent foreign materials and other food hazards.







(15-17 min)

#### **Chemical Control & Usage**

In this training, we will review required training on chemical control, personal protective equipment, labeling and storage.







(15-17 min)

#### Food Defense

In this training, we will review required food defense training, and the FIRST line of defense strategy provided by the Food & Drug Administration (FDA).







(15-17 min)

#### **Non-Conforming Product**

In this training, we will discuss what to do if nonconformances are found in the process or in the product, and how we prevent nonconformances from happening.







(15-17 min)

# **FOOD SAFETY**

#### **Knife Safety**

In this training, we will review preventing cuts through safe handling of knives, during food prep processes.











(10-12 min)

#### **Traceability Food Safety**

During this awareness training, we will provide an overview on the benefits, compliance requirements, ree-call readiness and roles and responsibilities related to traceability.







(10-12 min)

#### First In, First Out (FIFO)

In this awareness training, we review the importance of FIRST IN, FIRST OUT, also known as FIFO, and how to manage perishable product stock.







(13-15 min)

#### **Good Manufacturing Practices**

During this awareness training, we will provide an overview on Safe practices related to proper clothing, hand washing, PPE, and disease, illness and injury control.







(20-22 min) (coming soon)



# WHY ESM?

We provide INSITE into an employer's safety and compliance needs.

ESM provides the tech-enabled tools and training for employers to manage their compliance requirements and the safety of their employees.

Our team of Safety & Compliance Advocates empowers clients with expert advice focused on helping them make the most ethical, financial and legal decision when managing safety, compliance and Workers' Compensation programs.

All customers have access to ESM's INSITE portal where they have access to a rich library of compliance tools, digital safety and compliance trainings, and so much more.

Visit our website for more information on **INSITE**.



